

Mississippi Impact JVC

Coaches Expectations

- Come to practice on time and be ready
- Please have your shoes, kneepads, and braces, etc. on by the time practice begins
- Give your best at practice
- Please do not wear jewelry during practice
- Do not chew gum or eat candy during practice
- Be respectful of your coach/coaches at all times
- Be respectful of your fellow teammates at all times
- When you are at practice, the girls on your team are your “best friends”
- If you have to miss a practice, you must notify your coach 24 hours in advance
- You must have an excuse for missed practices
- Missing practice for an unexcused reason will result in consequences (running, less playing time, etc.)
- We play and practice as a team